

Training Program for Dental Hygienist

Day 1: Advanced Dental Hygiene Techniques

Morning Session: Advanced Clinical Skills

1. **Welcome and Program Overview (30 minutes)**
 - Introduction to training objectives and schedule.
 - Overview of the role and expanded responsibilities of a dental hygienist.
2. **Advanced Periodontal Therapy (1.5 hours)**
 - Detailed techniques for scaling and root planing.
 - Management of periodontal disease and advanced periodontal assessment.
 - Hands-on practice with ultrasonic scalers and curettes.
3. **Break (15 minutes)**
4. **Advanced Stain Removal and Whitening Techniques (1.5 hours)**
 - Techniques for effective stain removal and teeth whitening.
 - Use of air polishing systems and whitening agents.
 - Hands-on practice with whitening procedures.
5. **Clinical Examination and Diagnosis (1 hour)**
 - Advanced techniques for comprehensive clinical examinations.
 - Identifying and diagnosing common oral health issues.
 - Use of diagnostic tools and imaging.

Lunch Break (1 hour)

Afternoon Session: Preventive Care and Patient Management

1. **Preventive Care Strategies (1.5 hours)**
 - Developing and implementing personalized preventive care plans.
 - Educating patients on oral hygiene practices and diet.
 - Techniques for fluoride application and sealant placement.
2. **Patient Management and Behavioral Techniques (1.5 hours)**
 - Approaches for managing anxious or difficult patients.
 - Motivational interviewing and behavior modification techniques.
 - Role-playing scenarios for patient communication and education.
3. **Break (15 minutes)**
4. **Integrated Care Planning (1 hour)**
 - Coordinating care with dentists & developing integrated treatment plans for complex cases.
 - Case studies and practical exercises.
5. **Q&A and Review (30 minutes)**
 - Addressing questions and summarizing the day's learning.

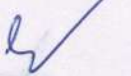
Day 2: Infection Control, Compliance, and Advanced Procedures

Morning Session: Infection Control and Compliance

1. **Review of Day 1 (30 minutes)**
 - Recap key points and skills from the previous day.
 - Addressing any questions or concerns.



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2. **Infection Control and Safety Protocols (1.5 hours)**
 - Detailed review of infection control practices in dental hygiene.
 - Procedures for sterilization, disinfection, and maintaining a sterile environment.
 - Hands-on practice with infection control protocols.
3. **Break (15 minutes)**
4. **Regulatory Compliance and Documentation (1.5 hours)**
 - Understanding dental regulations and compliance requirements.
 - Proper documentation of patient care and clinical procedures.
 - Review of relevant standards, including NABH and other local guidelines.
5. **Biomedical Waste Management (1 hour)**
 - Detailed procedures for managing biomedical waste.
 - Safe disposal practices and adherence to regulations.
 - Hands-on training in waste segregation and disposal.

Lunch Break (1 hour)

Afternoon Session: Advanced Procedures and Patient Care

1. **Advanced Instrumentation and Techniques (1.5 hours)**
 - Use of advanced dental hygiene instruments and technologies.
 - Techniques for effective use of lasers and advanced diagnostic tools.
 - Hands-on practice with new instrumentation.
2. **Management of Special Patient Groups (1.5 hours)**
 - Approaches for managing pediatric, geriatric, and medically compromised patients.
 - Special considerations for care and treatment planning.
 - Case studies and role-playing scenarios.
3. **Break (15 minutes)**
4. **Emergency Procedures in Dental Hygiene (1 hour)**
 - Identifying and managing medical emergencies in a dental setting.
 - Basic first aid and emergency response protocols specific to dental hygiene.
5. **Debrief and Feedback (30 minutes)**
 - Summary of the day's activities.
 - Collecting feedback and addressing any concerns.

Day 3: Integration, Practical Skills, and Evaluation

Morning Session: Practical Skills and Integration

1. **Review of Day 2 (30 minutes)**
 - Quick review of previous day's topics and skills.
 - Preparation for practical skills assessment.
 2. **Hands-On Practice: Advanced Procedures (2 hours)**
 - Simulated practice of advanced dental hygiene procedures.
 - Techniques for integrated care, including complex scaling, root planing, and whitening.
 3. **Break (15 minutes)**
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4. Patient Interaction and Role-Playing (1.5 hours)

- Interactive role-playing to practice advanced patient interaction and communication.
- Addressing patient concerns and managing treatment expectations.

5. Case Study Integration (1 hour)

- Working through complex case studies involving advanced dental hygiene techniques.
- Developing and presenting treatment plans based on case study scenarios.

Lunch Break (1 hour)

Afternoon Session: Evaluation and Certification

1. Written Knowledge Test (1 hour)

- Test covering advanced dental hygiene techniques, infection control, and patient management.

2. Practical Skills Assessment (1.5 hours)

- Evaluation of practical skills through individual assessments.
- Demonstration and application of learned techniques in simulated scenarios.

3. Break (15 minutes)

4. Certification and Closing Remarks (30 minutes)

- Awarding of certificates of completion.
- Summary of training outcomes and guidance on continued professional development.

5. Final Q&A and Closing (30 minutes)

- Addressing any final questions.
- Providing additional resources and support information.

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